FAIRVIEW HEIGHTS STATE SCHOOL YRS 4-7
ATHLETICS 2011 UPDATE

NEWS FLASH
The 2011 FHSS Years 4-7 Athletic Carnival, is on TUESDAY 5 APRIL and THURSDAY 7 APRIL. Below is the timetable of the days’ events.

TUESDAY 5 APRIL
11.30 – 1.00pm
FIELD EVENTS ROTATION ONE
1.00-1.45pm Big Lunch
1.45 – 2.45pm 800m

THURSDAY 7 APRIL
9.15-10.00am Sprints
10.00-11.00am FIELD EVENTS ROTATION TWO
11.00-11.30am Morning Tea
11.30- 12.15pm FIELD EVENTS ROTATION THREE
12.15-1.00pm FIELD EVENTS ROTATION FOUR
1.00-1.45pm Lunch
1.45-2.30pm Relays
2.30pm Presentations

ATHLETICS NOMINATIONS
During week 6 all students will complete nominations for 100m, 200m, 800m and High Jump. This enables us to place students in their appropriate heat on sports day and provides valuable practice. A full timetable of age groups and times is attached. Please ensure children are dressed in the appropriate uniform on their nomination day.

OTHER EVENTS
Some events, due to time and equipment restrictions will be held before the actual day. These events are HIGH JUMP and DISCUS. This year Discus trials will be held during PE lessons. Only those who qualify (top 12) will be involved in the Discus competition.

High Jump will be using the fibreglass bar. (On sports day the foam bar will be used for points only.)
Please see the attached timetable for all dates and times leading up to the Athletics carnival.

800m
Trials for 800m will be conducted in week 6 during athletics nominations. Any students wishing to train can attend practice sessions at school on Monday and Friday mornings 8.20-8.40am on the oval.

CARNIVAL VENUE
The carnival will be here at Fairview. However we currently have a lot of changes occurring with earthworks and buildings so it will be a “tight squeeze” for this year. We may have to conduct shot put on grass circles for this year.

ZONE TRIALS
Children who gain a place in any event will be considered for the school squad to compete at WEST ZONE ATHLETICS at O’Quinn Street Oval.
Cost for that day will be approximately $5 for Bus and Nomination. Selection in some events for the School team are determined by time (800m) or height (High Jump) so placings in these events do not mean selection in all cases.

Regards
Alistair Aston PE Teacher