

FAIRVIEW HEIGHTS STATE SCHOOL

ATHLETICS UPDATE

2017



NEWS FLASH

The 2017 FHSS 9-12yrs Athletics Carnival, is on **MONDAY June 19** and **TUESDAY June 20**.

Attached to the back of this newsflash is a comprehensive timetable of all events.

Important Dates;

Fri June 16 – Prep – 8yrs sports day

Mon June 19 – ½ day 9-12 yrs

Tues June 20 – Full day 9-12 yrs

Below is the timetable of the days' events.

MONDAY JUNE 19

11.45 – 1.15pm

FIELD EVENTS ROTATION ONE

1.15-1.45pm 2nd Break

1.45 – 2.45pm 800m

TUESDAY JUNE 20

9.15-10.00am Sprints

10.00-11.00am

FIELD EVENTS ROTATION TWO

11.00-11.45am Lunch

11.45- 12.30pm

FIELD EVENTS ROTATION THREE

12.30-1.15pm

FIELD EVENTS ROTATION FOUR

1.15-1.45pm 2nd Break

1.45-2.30pm Relays

2.30pm Presentations

ATHLETICS NOMINATIONS

During week 3, 4 & 5 all students will complete nominations for 100m, 200m, 800m and High Jump. This enables us to place students in their appropriate heat on sports day and provides valuable practice. A full timetable of age groups and times is attached. Please ensure children are dressed in the appropriate uniform on their nomination day.

Please Note;

Year 3 students who turn 9 this year will be involved in the 9-12yrs carnival.

OTHER EVENTS

Some events, due to time and equipment restrictions will be held before the actual day. These events are **HIGH JUMP** and **DISCUS**.

Discus trials will be held during PE lessons. Only those who qualify (top 10) will be involved in the Discus competition.

High Jump will be using the fibreglass bar. (On sports day the foam bar will be used for points only.)

Please see the attached timetable for all dates and times leading up to the Athletics carnival.

800m

Trials for 800m will be conducted in week 3, 4 & 5 during athletics nominations. Any students wishing to train can attend practice sessions at school on Monday and Friday mornings 8.20-8.40am on the oval.

CARNIVAL VENUE

The carnival will be here at Fairview.

ZONE TRIALS

Children who gain a place in any event (9-12yrs) will be considered for the school squad to compete at the **WEST ZONE ATHLETICS** at **O'Quinn Street Oval**. Cost for that day will be approximately \$5 for Bus and Nomination. Selection in some events for the School team is determined by time (800m) or height (High Jump) so placings in these events do not mean selection in all cases.

Alistair Aston PE Teacher

2017 Athletics Timetable

| Time: | Friday 5 May | Monday 8 May | Friday 12 May | Monday 15 May | |
|--------------|----------------------|----------------------|----------------------|-----------------------------|--|
| 9.00 am | | ATHLETIC TRIALS 2006 | | SPARE TRIAL DAY FOR WEATHER | |
| 10.00am | | ATHLETIC TRIALS 2005 | | | |
| First Break | | | | | |
| 11.45am | ATHLETIC TRIALS 2006 | ATHLETIC TRIALS 2007 | ATHLETIC TRIALS 2007 | | |
| Second Break | | | | | |
| 1:45pm | ATHLETIC TRIALS 2005 | ATHLETIC TRIALS 2008 | ATHLETIC TRIALS 2008 | | |

Term Two – Week 7 (May 29 – June 2)

Discus Competition

Monday 1.45 start 2005 Boys and Girls

Thursday 1.45 start 2006 Boys and Girls

Wednesday 1.45 start 2007 Boys and Girls

Friday 11.45 – 12.45 2008 Boys and Girls

Term Two – Week 8 (June 5- June 9)

High Jump Competition

Most during break time.

Monday 11.00 – 12.30 2005 Boys and Girls

Monday 12.30 – 2.30 2006 Boys and Girls

Friday 11.00 – 12.00 2007 Boys and Girls

Friday 12.00 – 1.00 2008 Boys and Girls

Term Two - Week 9 & 10

| Time: | Friday June 16 | | Monday June 19 | Tuesday June 20 | Wednesday June 21 |
|--------------|---|--|--|--|-----------------------------|
| 9.00 am | Prep – 8yrs Sports Carnival <i>11am finish</i> | | | Full Day Athletics 9-12 yrs <i>Sprints & Field Events 2</i> | SPARE DAY FOR WEATHER |
| First Break | | | | | |
| 11.45am | | | Half Day Athletics 9-12 yrs <i>Field Event Rotation 1</i> | Full Day Athletics 9-12 yrs <i>Field Events 3 & 4</i> | |
| Second Break | | | | | |
| 1:45pm | | | Half Day Athletics 9-12 yrs <i>800m</i> | Full Day Athletics 9-12 yrs <i>Relays & Presentations</i> | |